

Leaders and their teams tell a story each year

Imagine that the coming year will be spectacular, personally and professionally, what would you want to be celebrating 12 months hence?

Imagine a better future. One that resonates. One that provides a big payoff in happiness or meaning. Essential first steps in any successful self-directed change process.

Finding change that will be worth the required effort. As you change your beliefs and attitudes, move past your doubts, discover what you need to learn, survive inevitable missteps, distractions and backslides and keep on track – you'll be well on your way to designing a very special year.

- **Review** the year month by month noting the highlights
- **Celebrate** successes by acknowledging and appreciating yourself - "I accomplished this ..." "I did that ..." **Recognition** is key.
- Who are **stars** in your team - obvious and ones in the background? Give the gift of **gratitude** and say 'thank you'.
- Who might or will be the **stars** in your team going forward? How can you spot them?
- **Choose** what you are going to ditch: be ruthless, honest with yourself, revel in clarity as you physically and emotionally clutter clear
- **Choose** what to take forward stating 'this or even better' stretching beyond current state.

Let go of the old. Be curious as you welcome the new!

Be alert to the opportunities that will arrive. Recognize and seize them with delight.

Choose to be continually discovering, in a learning zone.

What will be the edge? Will you choose to leap out of your comfort zone? Collect the evidence.

And what will be in your gift for next year?

- What are the three significant lessons that you learnt during the year?
- What have you achieved this year that makes you feel proud?
- How can you build on this success?
- What have you learnt about yourself this year?
- List 3 simple things you can do differently that will improve your life significantly?
- How did you sabotage yourself this year?
- What changes do you need to make to stop self-sabotaging?
- Which 3 people inspired you the most and why?
- Who or what drained your energy this year?
- What strategy can you use to eliminate that from your life?
- What was your greatest challenge and how did you overcome it?
- What is your greatest desire for the coming year?
- How can you make this a reality?
- What would your instinct / inspiration / imagination like create for the next year?