

## ABOUT HALINA JAROSZEWSKA

– the inside track on makes this outstanding Executive Coach quiver with excitement as she builds bridges between people or ideas.

Savour more; fix less. Laugh more; cry less. Anticipate positively more; anticipate negatively less.

Heart of a lion. Enjoys a challenge, lover of gentle conflict = compassionately ruthless.

Enjoys challenge of adversity & discovering how to find the opportunity in that her intuitive style.

Planner, thinker, solutioniser. Definitely, says it how it is, thinks in different ways. Fighter for what sits right

At cutting edge of this profession I am fortunate to be impossibly curious with ability to ask jaw-dropping questions.

<p><b>Be halina'd - use her</b></p>	<p><b>gift</b> available in my lightness / quest for confusion / voice / secure space create for adventure to happen / absolute belief in clients / being channel / bridge</p> <p><b>magic</b> touch truly hearing / witnessing / magnetic / dancing between worlds / innovating &amp; initiate play / stillness / bubbles of excitement</p> <p><b>power</b> found in my centredness / sugar pink rock star / boundaries held / unconditional love for clients / speaking my truth / innovator / world changer / forger of the new / beauty / boldness</p>
<p><b>and her qualities:</b></p>	<p>magical-ness; divine wisdom; playfulness; depth of being; connection to new energies working within conventional environment; insightful provocation; testing boundaries &amp; how far will they stretch; grounded; magnet to those who need to work with me; magnificence; brilliance; speak from my values; wise; insightful; ruthlessly compassionate &amp; compassionately ruthless; challenge with grace and freedom; thought-provoker; connector; cool cutting edge; nurturing; intelligent; creative; light-hearted; fearless; understanding; star catcher / enhancer; purposeful + provocative + partnership</p>

### I am passionate about

- people discovering and using their wild self / natural persona
- people knowing themselves, clients, stakeholders, colleagues, friends, family better to significantly improve the bottom line
- being a Mindset Disruptor | Ingenious Thinking Partner | Strategic Provocateur | Remarkable Results Deliverer | Jumpstarts Your Genius | Cutting-edge ingenious Solutioniser | Be Ahead-of-the-Curve | Fast-track Success

### I love being

- VIM - Visible with Impact and Memorable ... when I choose
- a thought disruptor
- a change agent
- a fabulous asker of great questions
- introduced as having a wickedly mischievous side that elicits remarkable results
- described by clients that I really get them

<p><b>My favourite</b></p>	<ul style="list-style-type: none"> <li>• <b>colour</b> is SPARKLE.</li> <li>• <b>client</b> is deep-ocean-diver / far-horizons / here-in-the-moment.</li> <li>• <b>challenge</b> is dangerous/ tough/ strong/ red hot/ brave/ fearless/ voyage-of-discovery/ ruthless/ revolution.</li> <li>• <b>backpack</b> has in it a business lens hired for/ magician-ship/ magic &amp; miracles/ transformer-potential/ reflector of what is/what could be/ clarity/ truth-seeker pebbles/ boundary challenger/ boundary pusher.</li> </ul>
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	<ul style="list-style-type: none"> <li>● <b>risk</b> is facing my fears</li> <li>● <b>adventure</b> is coaching on the edge of being fired.</li> </ul>
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<p><b>Typical Clients:</b> who all teach me how to coach them are searching for</p>	<ul style="list-style-type: none"> <li>● a bridge to re-discover inner leader; pain / risk / need is great ally</li> <li>● access to their inner guru</li> <li>● help to play in their unique playground – biggest playground they can explore</li> <li>● Ideal clients are high end; high potential; motivated / ambitious; fast trackers; in a new role; wanting to shift their style of management / leadership to be fit for this century – the new energy of leadership – what is it and how to design it?</li> <li>● What am I experiencing that I would like to allow to pass? What am I not experiencing that I would like to allow to come in?</li> <li>● Imagine I wasn't here for some reason, how would you have solved this?</li> <li>● Imagine as you were asleep a real miracle happened, how when you wake up will you discover what it was? And what of all that could you start doing now? Scale of 1 – 10 approach conceived by Peter Szabo MCC</li> <li>● Listen for the cookie cutter. What's that you wonder? Well! let's chat to find out.</li> </ul>
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<p><b>My clients are</b></p>	<p>powerfully alpha at time disguised with strong ethical guidelines / explorers / suited &amp; booted / out of comfort zone / emerging / yes I can's / eager / lion / sweeping skirts / butterfly / mid step changers / engaging / different perspectives / realisers / wriggability / surprising strength of purpose</p>
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<p><b>My clients will</b></p>	<p>push boundaries / inspire me / be brave, courageous, determined / generous / bloody minded / vulnerable / appreciative / be fabulous / suspend disbelief / commit to their process / be prepared to explore the dark places</p>
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<p><b>Clients sought:</b></p>	<p>want to be coached / passionate about self / prepared to play, stretch , change / perspective flippers / investors / committed to development, vision, values / out of the box / hire wire dancers / edge leapers / accountable / fun / step ahead / pull net curtains wide / remove ear plugs / hearts open / journey-ers. Choose, appreciate my approach + will stretch me / out of comfort zone / challenge my limits</p>
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<p><b>What metaphors describe this outstanding Executive Coach and how she works?</b></p> <p><b>How does this affect the remarkable results she helps her clients get?</b></p>	<ul style="list-style-type: none"> <li>● <b>Gardener:</b> organic is a natural way / not imposing but nourishing, enabling, supportive, work with people who are/ where start</li> <li>● <b>Soaring eagle:</b> - watch, observing, witnessing, other eyes, inviting perspectives</li> <li>● <b>Spin a coin:</b> transformational, self- learning, overall picture of balance, if stand back what can one see, walk around garden</li> <li>● <b>Garden</b> – really important to delete what is no longer relevant; tend what good at; better approach is create, act, catalyst, transition, bigger picture, enabling more awareness / intuition / perception; be prepared to say love it and it needs to go!</li> <li>● <b>Sieve:</b> really separate out fact &amp; emotion; create safe space / own sanctuary / play, challenge, step change, ask big question; trust be able to see beyond; delve into what causes stuckness; hold client's essential star quality</li> </ul>
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